

Sub-Committee Meetings

Public Information

2nd and 4th Saturday each month 10:00 am
239 Alphonse St.

Phoneline

Meets with steering subcomitee

H & I

3rd Saturday of each month 1 pm
Monroe Ave. at Rosedale St.

Steering

1st and 3rd Monday of each month 5:00-6:30pm
1350 Buffalo Road Suite 31

Activities

1st and 3rd Sunday of each month 2:00-4:00 pm
584 Jefferson Ave.

RACNA

2nd and 4th Saturdays of each month 11:00 am to 1:00pm
584 Jefferson Ave.

Meeting List

2nd Sunday each month 2:00-5:00pm
At area meeting

Literature

1st and 3rd Saturday of each month 11:00am –1:00 pm
235 North Clinton Ave rear entrance

Rochester Area Service Committee

P.O. Box 40255, Rochester, NY 14604

Officer Meeting

2nd Sunday of each 12:30pm-2pm
1124 Culver Rd

Area Meeting

2nd Sunday of each month– 2pm-5pm
1124 Culver Rd

Buffalo.....716-878-2316

Finger Lakes.....800-350-9132

Syracuse.....315-472-5555

Triple Cities.....607-774-4907

Greater NYC Service Office.....212-929-NANA

PHONE NUMBERS

Tradition Number 6:

“An NA Group ought never endorse, finance or lend the NA name to any related facility or outside enterprise, lest problems of money, property or prestige divert us from our primary purpose.”

Just For Today, my thoughts will be on my recovery, living and enjoying life without the use of drugs.

Just For Today, I will have faith in someone in NA , who believes in me and wants to help me with my recovery

Just For Today, I will have a program and try to follow it to the best of my ability.

Just For Today , through NA, I will try to get a better perspective on my life

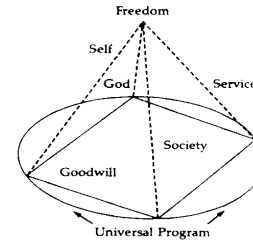
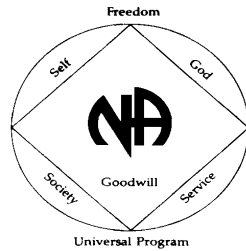
Just For Today, I will be unafraid, my thoughts will be on my new associations, people who are not using and who have found a new way of life, so long as I follow that way, I have nothing to fear.

PHONE NUMBERS

**Narcotics Anonymous
Meeting Directory
Rochester, New York**

**24 hour hotline
234-7889**

Winter 2009
Revised 8-01-2009



New Website

www.rochesterny-na.org

NA is a nonprofit fellowship or society of men and women for whom drugs had become a major Problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only one requirement for membership, the desire to stop using. We suggest that you give yourself a break. Our program is a set of principles written so simply that we can follow them in our daily lives. The most important thing about them is that they work

Ns - No Smoking	G- Gay Orientated
BT - Basic Text	C- Closed Meeting
S - Speaker	D- Discussion
STEP- Step Meeting	1st- First Step
*- Closed/School Vacations	HA- Handicap Access
INT - Interpreter	CL- Candle Light
TRD - Traditional Meeting	HR- Hour Meeting
BS - Babysitting	LIT- Literature
SEC- Security Cameras	IP- Informational Pamphlet

Any group stating a special interest [eg. Women's gay etc] may deal with topics pertaining to that special interest but is open to all addict seeking an NA meeting.

*******MONDAY-FRIDAY*******

Noon **The Not Yet Group**
13 Vienna St.

12:00-1:30 pm **Courage to Change**
BT/D 584 Jefferson Ave

MONDAY WEDNESDAY & FRIDAY

2:00-3:30 pm **Doing The Right Thing**
55 Ontario St.

*******SUNDAY*******

11:00 am **Feelings Group**
289 Monroe Ave

11:00 am **The Message of Hope**
D 1425 Portland Ave
Main conference room

4:30-6:00 pm **Where We Need to Be**
584 Jefferson Av.

5:30 pm **Couch Potatoes in Recovery**
D,Hr 1200 South Winton Rd.
Community center next to church

6:00-7:30 pm **Basically Speaking**
S,D,HA 55 Troup St.

6:30-8:00 pm **Straight Forward Group**
D,HA 306 East Main St BATAVIA

7:00-8:30 pm **Relapse is not a Requirement**
289 Monroe Ave.

7:00-8:30pm **Mt Morris Sunday Night**
3 Elm St. MOUNT MORRIS

7:30-9:00 pm **Step in the Right Direction**
1275 Spencerport Rd.

*******MONDAY*******

6:00-7:30pm **Spiritual Change**
55 Troup St.

7:00-8:30pm **All in the Family**
17 South Fitzhugh St at Broad St

*******MONDAY** *Continued******

7:00-9:00pm **Talking Heads**
350 Chili Ave.

7:30pm **Eye Of The Hurricane**
D,HR 1008 Main St. EAST ROCHESTER

*******TUESDAY*******

6:00-7:30pm **Never Alone**
D,HA 55 Troup St

6:00-7:30pm **AIDS And Recovery**
Ask it Basket
D HA 1124 Culver Road

7:00pm **Ranacer** (Spanish Speaking)
STEP,TRD,D 100 North Clinton Ave

7:00pm **Honest Open Minded And Willing**
D 12 Austin St at Lyell Ave.
Parking lot entrance

7:00-8:30pm **We Came To Believe**
L,G,B,T 758 South Ave.
Rear entrance

7:00-8:30pm **Miracles In Motion**
NS,HA,D 16 Bank St. BATAVIA
W2- STEP/TRD *Rear Entrance*

7:15-8:30pm **The Lost And Forgotten Group**
STEP,D,HA GCASA
S last Tues. 438 West Ave. ALBION

8:00pm **Wanderers**
Daily Med. D Lake Ave. at Riverside Ave.

*******WEDNESDAY*******

6:00-7:30 pm **Si Se Puede**
Spanish Speaking
1729 Clifford Ave.

7:00-8:30pm **Serenity on the Lake**
4409 Lake Ave.

7:00-8:30 pm **Principles B4 Personalities**
55 Troup St.

6:30-8:00 pm **Just Say No**
350 Chili Ave.

7:30-9:00 pm **B There or B Square**
584 Jefferson Ave.

7:30-9:00 pm **Gates to Recovery**
222 Spencerport Rd. GATES

7:30-8:30 pm **Meeting From Another Planet**
35 Lincoln Ave PITTSFORD

*******THURSDAY*******

- 6:00-7:30pm** **Despertar**
Spanish speaking 821 North Clinton Av.
- 7:00-8:30pm** **NA Speaker Meeting**
14 Mark St.
- 7:00– 9:00 pm** **Unity Through Traditions and Steps**
89 Genesee St *west conference room*
- 7:00-8:30 pm** **Keys To Recovery**
1555 Long Pond Rd. *[CD unit]*
- 7:30-9:00 pm** **Rosedale Group**
1st, HA 243 Rosedale St, at Monroe
- 7:30-9:00 pm** **Reclaiming Life**
211 East Main St. BATAVIA
Rear Entrance
- WK 1- S , WK 2– IP/JFT, WK 3 - GB/QA, WK 4 - STEP

*******FRIDAY*******

- 9:30-11:00am** **We Do Recover**
S 33 Chestnut St.
- 5:30-7:00 pm** **The Wisdom to Know the Difference**
102 North Union St.
- 6:00-7:30 pm** **Solo Por Hoy**
Spanish Speaking 1729 Clifford Ave.
- 6:30-8:00 pm** **Then and Now**
Wk1-2 BT 211 East Main St. BATAVIA
Wk3-5 D *Rear Entrance*
- 7:00-8:30 pm** **I Just Don't Know**
30 Amity St SPENCERPORT
- 7:00-8:30 pm** **Recovery and Relapse**
289 Monroe Ave. *side door and downstairs*
- 7:30-9:00pm** **12 Steps and 12 Traditions**
584 Jefferson Ave.
Wk1-1st step Wk2-son1st step Wk3-1st trd Wk4-S on 1st trd Wk5-D
- 8:00-9:30 pm** **Today I'm Free**
319 East Chestnut St
EAST ROCHESTER
Wk1-D Wk2-LIT Wk3-S Wk4-LIT Wk5-D
- 8:30-10:00 pm** **Freedom Friday**
26 South Main St at Park St ALBION
- 8:30-10:00 pm** **Each One Reach One**
1261 Dewey Ave *park on Magee Av.*
Third Floor

*******SATURDAY*******

- 10:00-11:30 am** **Phenomenal Women Homegroup**
S,BT,D,TRD 120 Driving Park *Mason St entrance*
- 11am-12:30 pm** **The Breakfast Club**
243 Rosedale Av at Monroe Av.
- 11am-12:30pm** **A Step Forward**
1 Seneca Parkway *off Lake Av.*
East entrance along the river
- 1:00-3:00pm** **No Matter What**
Bt 70 Liberty Pole Way
Achilles St. entrance upstairs
- 3:00-4:30 pm** **Lucky Ones**
S,-Step,D 295 Gregory St..
- 3:30-5:00pm** **Bridge 2 Recovery**
2009 Dewey Ave north of Ridge Rd.
Parking lot on Winchester St.
- 4:30-6:00 pm** **I'm Tired Of Using Group**
14 Mark St.
Speaker on step, topic or tradition
- 5:30-7:00 pm** **Another Look**
584 Jefferson Ave.
- 6:00-7:30pm** **Spirit Of Recovery**
251 Joseph Ave.
Wk1-1st step , wk2-BT , wk3-TRD , wk4-S , wk5-D
- 6:00-7:30pm** **Ultimate Weapon**
SEC 70 Liberty Pole Way
Wk1-S-Step, wk2-BT, wk3-S-TRD, wk4-relatoinsip,
Wk 5 Newcomer speaker
- 7:00-8:30pm** **Saturday Night Live**
BT 3 Parsells Ave./Webster Ave.
- 7:00pm** **Steps to Freedom**
211 East Main St. BATAVIA
Rear Entrance
- 8:00-9:30pm** **The Good Stuff– Back to Basics**
3450 Ridge Rd . West
- 9:00-11:00pm** **Who's an Addict**
S,D 55 Troup St.